



Nick Bishop Solutions

### **No fear of failure!**



### **Wow...What could you do!!**

Many of you will remember that Monday of this week was a windy one...Very, very windy! Early for a meeting, I enjoyed walking through a park in the suburbs of Manchester. Swishing fallen leaves and enjoying the bracing winds! What caught my eye really took me by surprise!

Some five feet in the air, and tied between two trees was a stretch of elastic rope. While the winds created near havoc with everything else, a barefoot lady was carefully maintaining her balance while walking between the trees on the tightrope...Not every attempt ended in success, but she just got back on the wire!

One of the things that most hinders us in life is fear of failure. Limiting beliefs, often developed through our conditioning...Past experiences...A vicious downward spiral and one where our own self talk will all too often only add to the cycle.

Very often, we exhaust ourselves with worry about things that very often never happen. Even when they do, it is rarely as bad as we may have believed.

Time to change your self-talk and to tackle new challenges with enthusiasm...Without worry...Without fear of failure. What is the worst that might happen? Very little!

***"Defeat is not the worst of failures. Not to have tried is the true failure."***

*George Edward Woodberry*